WEEK 2	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BBQ Quorn with Rice	Beef Burger and Salad	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognaise	Fish of the day served with Fries
VEGETARIAN MAIN DISH	Tomato and Basil Pasta	Cheese and Tomato Pasta Bake	Quorn Fillet with Roast Potatoes & Gravy	Marinated Quorn Wrap	Southern Fried Quorn Burger served with Fries
ACCOMANIMENTS	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
DESSERTS	Chocolate Shortbread	Chocolate Sponge	Mousse	Shortbread	Ice Cream
FRESH FRUIT & YOGHURTS	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghur
JACKET POTATO & SANDWICH SELECTION	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich
KEY	Varie	y something NEW ety is key to a he by MEAT-FREE	althy diet.	S CHOICE	T-BASED (VEGAN)