



WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sweet & Sour Quorn served with Rice	Southern Fried Chicken Burger	Roast Gammon with Roast Potatoes & Gravy	Chicken Chow Mein with Prawn Crackers	Fish of the Day served with Fries
VEGETARIAN MAIN DISH	Cheese Panini	Vegetarian Sausage Pasta	Quorn Fillet with Roast Potatoes & Gravy	Marinated Quorn Wrap	Vegetable Fingers served with Fries
ACCOMPANIMENTS 	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
DESSERTS	Shortbread	Lemon Cake	Ginger Biscuit	Chocolate banana Muffin	Ice Cream
FRESH FRUIT & YOGHURT	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.