WEEK 1	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita Pizza with Baked Potato Wedges	Beef Tacos served with fresh Salad	Roast Beef with Yorkshire Pudding & all the Trimmings	Chicken Fajitas	Fish of the day served with Fries
VEGETARIAN MAIN DISH	Quorn Tikka Massala served with Rice	Macaroni Cheese	Quorn Cumberland Sausage with Yorkshire pudding	Cheese & Broccoli Quiche	Quorn Dippers served with Fries
ACCOMPANIMENTS 5	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
DESSERTS	Flapjack	Shortbread	Angel Delight	Chocolate Crunch	Ice Cream
FRESH FRUIT & YOGHURT	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
JACKET POTATOE & SANDWICH SELECTION	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich



Fuel your afternoon with a healthy school lunch from Mellors









