



### Give

Do you have any toys or books that you no longer use or need? Perhaps you could speak to your parents about donating them to others who would enjoy them?

### Connect

Write a letter or card to thank people for any gifts you have received over the holiday period. Your relatives and friends will love this thoughtful act.

### Take Notice

Go on a 'senses walk'. Head to a familiar place (or somewhere completely new) and tell someone about all the things you could see, hear, smell and feel. Did you discover anything unusual? We'd love to hear all about it...

### Keep Learning

Learn how to make a paper airplane. Could you try a few different designs and see which one travels the furthest? Why don't you involve your friends and have a competition? The internet has lots of templates you could try.

### Be Active

Talk about the benefits of being active with your friends. Could you plan a sporting event for everyone to get involved in? Think of the different events you could have. They could be serious or funny, or even a mixture of both!