| WEEK 2 | MEAT MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MAIN MEAL | BBQ Bean \& Cheese Bake | Cajun Chicken Roll | Roast Chicken with Roast potatoes \& Gravy | Chicken Korma served with Rice | Fish of the day served with Fries |
| VEGETARIAN MAIN DISH | Quorn Meatballs \& Spaghetti | Tomato \& Basil pasta | Quorn Fillet with Roast Potatoes \& Gravy | Tuna \& Cheese Panini | Southern Fried Quorn Burger served with Fries |
| ACCOMANIMENIS $\text { ( } 5$ | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| DESSERTS | Chocolate Shortbread | Sicky Toffee Muffins | Jam Oat Biscuits | Ginger Cake | Ice Cream |
| FRESH FRUIT \& YOGHURTS | Fresh Fruit or Yoghurt | Fresh Fruit or Yoghurt | Fresh Fruit or Yoghurt | Fresh Fruit or Yoghurt | Fresh Fruit or Yoghurt |
| JACKET POTATO \& SANDWICH SELECTION | Jacket Potato or Sandwich | Jacket Potato or Sandwich | Jacket Potato or Sandwich | Jacket Potato or Sandwich | Jacket Potato or Sandwich |

> Try something NEW today...
> Variety is key to a healthy diet.
$\square$ - MEAT-FREE MONDAY


- CHEF'S CHOICE

