

Children's Mental Health Week

Children's Mental Health Week 2023 will take place from 6-12 February 2023. This year's theme is Let's Connect. When our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

Let's Connect is about making meaningful connections for all, during Children's Mental Health Week - and beyond.



Our Mental Health Champions will be having a 'Hello Yellow' cake sale on Tuesday 7th March at 3.30pm.

all proceeds will go to the Mental Health charity' Mind'

